



WALT AIR TIMES

VOL-30 | ISSUE-1 | JULY 2025 **THE HOUSE JOURNAL OF WALT AIR CLUB**



MANAGING COMMITTEE 2025-26

"Sailing Forward with Unity, Purpose, and a Vision for a Brighter Tomorrow."

Dear Esteemed Members and All member Family Members

We warmly invite **you and your family** to spend a few moments with **Waltair Times**, to stay connected, informed, and inspired by the heartbeat of our wonderful club. **Let's read, share, and contribute together**

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From the President's Desk

Dear Waltair Club Family,

As I step into this new term from July 1st, my heart is filled with gratitude for the trust you have placed in me. Our club has always been a vibrant space — where friendships grow, ideas flourish, and memories are made.

This year, my vision is simple yet powerful: to make every member feel at home and every moment in the club worth cherishing. We will focus on creating more inclusive events, upgrading our facilities, and encouraging participation from every member — young and senior alike.

Let us celebrate our unity, diversity, and the timeless spirit of Waltair club. I look forward to walking this journey with each one of you, hand in hand, heart in heart.



Warm regards,
G.Seshagiri Rao (S-260)
 98494 91111

PRESIDENT	Mr. G.Seshagiri Rao	S-260	9849491111
VICE-PRESIDENT	Dr. G.M.B.V.Krishna Reddy	K-077	9246623943
HON.SECRETARY	Mr. C.Balasatish	B-094	9849166099
HON.TREASURER	Mr. T.Vijaya Mohan	V-254	9440190111
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LIBRARY, CHAMBERS & AUDITORIUM	Mr. V.Dharmendar	D-070	9866887878
BAR	Mr. M.Kalyana Chakravarthy	K-262	9848645554
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LADIES COMMITTEE	Mrs. K. Lalitha Kumari	L-071	9848444422
SENIOR CITIZENS	Mr. M.V.Prabhakar	P-050	9393100037

Waltair Club – Celebrating Togetherness Since Founding Year



Vice-President's Message

Dear Friends,

Stepping in as Vice President from July 1st, I feel both the excitement of new beginnings and the responsibility of carrying forward our rich traditions. My focus this year will be on member engagement and innovation in club activities.

We will explore new event formats, strengthen our social and cultural programs, and create more opportunities for members to showcase their talents. The heart of our club is its people — and together, we will make this term memorable.

Thank you for your encouragement and faith. Let's make Waltair shine brighter than ever!

CHAIRMAN : DR.G.M.B.V.KRISHNA REDDY

EDIROTR : DR. M.RAMJEE

SUB COMMITTEE:

1. V.Ravikanth

2. K.Kamaraju

3. Smt. S.Lavanya

4. Smt. M.Naga Sushma

(R-267)

(R-446)

(K-022)

(S-720)

(U-060)

With warm wishes,

Dr. G.M.B.V.Krishna Reddy (K-077)

9246623943

Editors Message

Dear Members,

Dear Esteemed Members of the Waltair Club,

We warmly invite you and your cherished family members of **Waltair Times** — a delightful tapestry of stories, creativity, and community spirit.

This edition is truly special and **your participation will make it even more meaningful**. Here's what awaits you:

For the first time ever, we bring you a heartfelt message from our beloved Club President, along with **dedicated pages** tailored for **children, youth, ladies, girls, and senior citizens**.

Enjoy mind-bending **puzzles**, laughter-filled **jokes**, and **inspiring messages** for all age groups.

Contribute your **stories, art, poems, videos**, or **any creative expression** — and win **exciting gifts** as tokens of appreciation!

Let's make this issue a true reflection of our dynamic and diverse Waltair family.

Join in, contribute, and help us make Waltair Times come alive with your vibrant voices!

With warm regards,



Dr.M.Ramjee, R-267

98480 40655

Hon. Secretary's Message

Dear Esteemed Members,

I am deeply grateful for the trust and confidence you have placed in me by electing me as the Honorary Secretary of our beloved Club. It is an honor to serve in this capacity, and I assure you that I will work tirelessly to uphold the values and traditions of our esteemed institution.

I would like to extend my heartfelt thanks to each one of you for your support and faith in my abilities. I am committed to listening to your suggestions, addressing your concerns, and working towards the betterment of our Club. Together, let us strive to make our Club an even more vibrant and enjoyable place for all members. I look forward to your continued support and guidance as we move forward.

Thank you once again for this privilege.

Warm regards,
C BalaSatish (B-094)
 98491 66099



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 Web : www.waltairclub.com

Hon. Treasurer's Message

Dear Esteemed Members,

Taking charge as Treasurer from July 1st, I assure you that financial integrity and prudent management will remain my highest priorities. Our resources are the lifeblood of our club's growth, and my commitment is to use them wisely, transparently, and for the benefit of all members.

We will focus on improving efficiency, ensuring timely financial updates, and exploring new avenues for value-added services without compromising our fiscal stability.

Thank you for your trust — together, let's make this year both enjoyable and financially sound.

Best regards,
T.Vijayamohan (V-254)
9440190111



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Sports Committee Chairman's Message

"Dear Members,

Sports bring us together, keep us healthy, and strengthen the spirit of our community. I am excited to serve on the Sports Committee this year and will work towards making our sporting facilities vibrant, active, and inclusive for all age groups.

From tournaments to fun leagues, and coaching camps to fitness initiatives, we will ensure that everyone—whether a casual player or a competitive enthusiast—finds joy in the club's sports culture.

Let's play, compete, and celebrate the joy of sports together!

Best regards, **Prasanth Sagi** (P-328)
98491 21027



Sports Sub-Committees:

VOLLEY BALL:

1. MR. SRIDHAR TALASILA (S-990)
2. MR MALLIK (M-211)
3. MR. D.S. RAJU (SIRI) (S1257)
4. MR. K. MOHIT (M-287)

CRICKET:

1. MR. G. SRINIVASA REDDY (TEDDY) (S-840)
2. MR. VIKRAM TATINENI (V-402)

PICKLE BALL:

1. MR. B. SRAVAN (S-799)
2. MR. ANISH VARMA (A-425)
3. MR. KARAN (L-084)

BILLIARDS:

1. MR E SUBBA RAO (S-938)

GYM:

1. MR. K. BHARAT (B-125)
2. MR. KSHORE (R-662)

YOGA:

1. MRS. K. GIRIJA DEVI (R-284)

TENNIS:

1. MRP. KRISHNA KANTH (K-176)
2. MR. SATYA PHANINDRA (S-1348)

SQUASH:

1. MR. NILESH AGARWAL (N-298)

SHUTTLE:

1. MR. HARISH (H-153)
2. MR. JEEVAN VIKAS (J-111)

GOLF ARENA:

1. MR. NAGU APPASANI (N-281)

Entertainment Committee Chairman's Message

"Dear Members,

Entertainment is the heartbeat of our social life at the club. I'm thrilled to be part of the Entertainment Committee and promise to bring a vibrant mix of events, from musical evenings and family gatherings to cultural nights and theme parties.

We will focus on creating experiences that make lasting memories—events where laughter flows freely, music lifts the spirit, and friendships grow stronger.

Let's come together and celebrate life at Waltair Club in style!

With cheer, **Dr. V.Suresh** (S-654)
9849125267



SUB-COMMITTEES:

- | | |
|--|-------------------------------|
| 1. Mr. C. V. Mallikarjun Varma (M-211) | 5. MR. V.Dinesh (G-124) |
| 2. Mr. G. Srinivasa Reddy (S-257) | 6. MR. G.V.K.Pattabhi (P-373) |
| 3. Mr. P. Krishnakanth (K-176) | 7. Mr. K.Mohith (M-287) |
| 4. Mr. Rahul Gupta (R-715) | |

Chambers, Library & Auditorium Committee Chairman's Message

"Dear Members,

As I step into my role in the Chambers Committee, my vision is to make your stay at the club as comfortable as possible whether you are here for leisure, hosting guests, or attending events.

Our focus this year will be on enhancing room comfort, upgrading amenities, and ensuring prompt service. Every guest at our club should feel the warmth of true hospitality, the hallmark of Waltair Club.

I look forward to your support and suggestions to make our chambers a perfect home away from home.

Sincerely,

Varada Dharmender (D-070)
98668 87878



SUB-COMMITTEES:

- | | |
|--|---|
| 1. Mr. Kosuri Srinivasa S Murthy (M-231) | 5. Mr. Vinnakota Balakrishna Rao (B -182) |
| 2. Mr. Sandhya Ravi (R-185) | 6. Mr. S Subramanya Sharma (S- 533) |
| 3. Mr. P Krishnakanth (K- 176) | 7. Mr. Madhur Mittal (M-266) |
| 4. Mr. G Narmada (N- 206) | 8. Mrs. Deepa Kodali (D-098) |

Bar Committee Chairman's Message

"Dear Members,

It's a pleasure to take charge as part of the Bar Committee. Our goal this year is to make every visit to the club's bar a memorable one offering a great selection of beverages, impeccable service, and a welcoming atmosphere.

We will be introducing new cocktails, hosting tasting sessions, and ensuring that the quality of every pour matches the high standards of Waltair Club.

Here's to good company, fine drinks, and many cheerful evenings together!

Cheers,

M. Kalyana Chakravathy (K-262)
98486 45554



SUB-COMMITTEES:

- | | |
|-------------------------------|--|
| 1. DR. V. SRIJAN BABU (S-896) | 3. Mr. Kosuri Srinivasa S Murthy (M-231) |
| 2. MR. E. SUBBA RAO (S-938) | |

General Services Committee Chairman's Message

"Dear Members,

I am honoured to serve on the General Services Committee, a team that works behind the scenes to ensure your club experience is smooth and pleasant.

This year, our priority will be maintaining cleanliness, improving utilities, and ensuring prompt attention to any service-related concerns. A well-kept and efficiently run club is the foundation for everything else we enjoy here.

I look forward to working for the betterment of our facilities and earning your trust through action.

Warm regards,
Dr. G.Sridhar (S-492)
98491 23400



SUB-COMMITTEES:

1. MR. SATYAVARAPU SATISH (S-1359)
2. MR. BIMAL KUMAR JHURANI (B-187)

Catering Committee Chairman's Message

"Dear Members,

It is with great joy that I take on the responsibility of serving you through the Catering Committee. The heart of every club is its dining experience, and my goal is to ensure that your meals here are not just tasty but truly memorable.

We will be exploring new menus, introducing seasonal specialties, and ensuring consistent quality in every dish served. Feedback from our members will always be welcome—after all, your satisfaction is our true recipe for success.

Let's make every dining experience at Waltair Club a delightful one!

Warm regards,
Kiran Kumar Patnaik Pakki (K-267)
98490 20001



SUB-COMMITTEES:

- | | |
|----------------------------------|---------------------------------------|
| 1. MR. T. JANARDHANA RAO (J-108) | 4. MR. SACHIN ARYA (S-1309) |
| 2. MR. T. KRISHNAM RAJU (K-319) | 5. MR. B. SHANMUKHA SRINIVAS (S-1468) |
| 3. MR. E. SUBBA RAO (S-938) | |

LADIES

Committee Chairperson's Message

Dear Friends,

It is with great excitement and pride that I greet you through the very first issue of 2025 our Waltair Times. The Ladies Committee has always been at the heart of the Club's cultural and social activities.

This year, we are introducing events that celebrate not only fun and friendship but also learning and empowerment. Let's make the Waltair Club a place where every woman feels inspired, valued, and connected.

Let us work together to make 2025 a year of creativity, compassion, and cherished memories.

Warm regards,

K. Lalitha Kumari (L-071)
98484 44422



SUB-COMMITTEES:

1. MRS. ALKA KUMAR (M-171)
2. MRS. MEENAKSHI ANANTHRAM (A-082)
3. MRS. BHANU IYER (I-014)
4. MRS. VIJAYA PRITHVI RAJ (P-034)
5. MRS. ARCHANA GUPTA (N-125)
6. MRS. TEEGALA SRIVANI (V-171)
7. MRS. LATA ASHOK KUMAR (L-084)
8. MRS. DRISHTI REYANSH (T-095)
9. MRS. VINITA SARAOGI (V-355)
10. MRS. BATTAGANI SUMAN (P-197)

11. MRS. TANYA IDNANI (H-153)
12. MRS. MEGHA GUPTA (C-074)
13. MRS. S. PRIYA (S-1359)
14. MRS. HANEESHA (S-1027)
15. MISS. JYOTHI SHREE (J-123)
16. MRS. KAVYA REDDY (S-1034)
17. MRS. SHWETA JOSHI (S-1251)
18. MRS. LOKVANDITHA DUTT (S-667)
19. MRS. JEEJA VALSARAJ (V-130)
20. MRS. PREETI BHATIA (P-131)
21. MISS . YOGITHA YERRA (Y-029)

Senior Citizens Chairperson's Message

Dear Members,

It gives me immense joy to pen a few words for the inaugural edition -2025 of our Waltair Times. A club is more than just its premises — it is a family bound by shared memories, friendships, and the spirit of togetherness.

Our Senior Citizens' wing continues to be a vibrant space where wisdom meets warmth. We have seen our members grow from young professionals to respected elders, and through all these years, the Club has remained our second home.

I encourage all our senior members to participate actively, share your ideas, and continue to inspire the next generation of Waltair Club members.

Warm regards,

M.V. Prabhakar (P-050)
90002 22191



SUB-COMMITTEES:

1. Mr. D.Rajagopal Reddy (R-065)
2. Mr. G.Ramakrishna (R-098)
3. Mr. Jagapathi Raju (J-032)
4. Mr. A H N Venkata Rao (V-009)
5. MR. T.V.Thimmayya Gandhi (G-052)
6. Mrs. Kanaka valli Ramgopal (R-051)

7. Mrs. D. Usha Reddy (R-065)
3. Mrs. Sunita Mansukhani (V-030)
9. Mrs. Kavita Satwani (S-007)
10. Mrs. Sobha Poosarla (R-399)
11. Dr. Kalpana (S-277)
12. Mrs. Sarvalakshmi (S-1139)
13. Dr. Salma Mehdi (M-095)
14. Mrs. Asha Jain (J-040)

"Not just a date on the calendar, August 15th is a heartbeat echoing with every sacrifice made, every dream lived, and every freedom cherished. This land isn't just soil — it's the soul of a billion voices rising in unity. Jai Hind!"

Rare and Lesser- Known Facts About INDIAN INDEPENDENCE DAY

1. India Was Not the Only Country to Gain Independence on August 15

- **South Korea** was liberated from Japanese occupation on **August 15, 1945**.
- **Bahrain** also celebrates its Independence Day on **August 15**, though it became independent in **1971**.
- India shares this significant date with multiple nations, though for different reasons.

2. India's Independence Was Declared at Midnight (Not the Daytime of August 15)

- India's independence was officially declared at **midnight**, between **August 14 and August 15, 1947**.
- This was because **August 15 was considered astrologically inauspicious**, and to avoid bad omens, the session of Parliament was held at midnight.
- **Pandit Jawaharlal Nehru's "Tryst with Destiny" speech** was delivered at **11:55 PM** on **August 14**, just before midnight.

3. Why August 15 Was Chosen – Because of Japan

- Lord Mountbatten, the last British Viceroy, chose **August 15** because it was the **second anniversary of Japan's surrender** to the Allied Forces in World War II (**August 15, 1945**).
- He wanted a symbolic connection between the end of global tyranny and the beginning of India's freedom.

4. India Had No Official National Anthem on Independence Day

- On **August 15, 1947**, **Jana Gana Mana** was not yet the official national anthem.
- It was officially adopted only on **January 24, 1950**, almost **2.5 years later**.

5. The Indian Flag Was First Hoisted on Foreign Soil in Germany

- The first Indian national flag was hoisted **outside India** in **Stuttgart, Germany**, in **1907**, by **Madam Bhikaji Cama**.
- This was decades before independence, to attract global attention to India's freedom struggle.

6. Goa Was Not Part of India on August 15, 1947

- Though India became independent in **1947**, **Goa remained a Portuguese colony** until **1961**.
- It was only after **Operation Vijay** by the Indian

Army that Goa became part of India.

7. No 'Transfer of Power' Ceremony Was Held in Red Fort

- Unlike modern celebrations, the **original transfer of power** happened in the **Durbar Hall of Viceroy's House (now Rashtrapati Bhavan)**, not at Red Fort.
- The Red Fort became symbolic **later**, especially due to Nehru's famous speech and the tradition of PM hoisting the flag from its ramparts.

8. Pakistan Celebrated Independence on August 14, Not 15

- **Legally**, both India and Pakistan were granted independence on **August 15, 1947**.
- However, **Pakistan chose to celebrate it on August 14** to avoid overshadowing and because Mountbatten arrived in Karachi a day earlier.

9. British India Was Technically Not a "Colony" on Paper

- India was ruled not directly as a colony but under **"paramountcy"**, a form of indirect control.
- Over 500 **princely states** had to accede to India voluntarily or through diplomacy after August 15.
- **Sardar Vallabhbhai Patel** played the key role in integrating these states.

10. Lord Mountbatten Wanted India to Stay with the British Commonwealth

- Even after independence, the British wanted India to remain a **Dominion of the British Crown**.
- This is why India was technically a Dominion (not a Republic) until **January 26, 1950**.

A Few More Unique Nuggets

- **Only three people signed the Indian Independence Act of 1947**: The British Parliament, King George VI, and Lord Mountbatten.
- **No fireworks or large celebrations** were held on the first Independence Day – it was a **solemn occasion** filled with relief, chaos, and remembrance.
- **Independence came with partition and pain** – over **15 million people** were displaced, and over **1 million** died in riots that followed.

VARALAKSHMI VRATAM

– A Sacred Puja on Sravana Friday

Varalakshmi Vratam is a highly auspicious Hindu festival observed predominantly by married women in South India, especially in **Andhra Pradesh, Telangana, Karnataka, and Tamil Nadu**. It is celebrated on the **Friday before the full moon (Purnima) in the Sravana Masam**, also known as **Sravana Sukravaram**. This day is dedicated to **Goddess Varalakshmi**, one of the eight forms of Goddess Lakshmi, the consort of Lord Vishnu and the goddess of wealth, prosperity, and well-being.

The word "Vara" means **boon**, and "Lakshmi" is the **goddess of wealth and grace**. It is believed that worshipping Goddess Varalakshmi on this day is equivalent to worshipping **Ashtalakshmi** – the eight forms of Lakshmi:

1. **Adi Lakshmi** – For eternal wealth
2. **Dhana Lakshmi** – For material wealth
3. **Dhanya Lakshmi** – For food and agricultural wealth
4. **Gaja Lakshmi** – For animal and royal wealth
5. **Santana Lakshmi** – For progeny
6. **Veera Lakshmi** – For courage and strength
7. **Vijaya Lakshmi** – For victory
8. **Vidya Lakshmi** – For knowledge and wisdom



Legend Behind Varalakshmi Vratam

According to Hindu mythology, Goddess Lakshmi appeared in the dream of a pious and devoted woman named **Charumathi** in the city of Magadha (present-day Bihar). The goddess asked her to perform a special puja to seek blessings for her family's health, wealth, and prosperity. Charumathi, with devotion, performed the puja, which became a tradition followed by countless women seeking similar blessings for their families.

How the Puja is Observed

Preparation:

- Women wake up early, bathe, and clean the house.
- The **puja mandapam** is decorated with flowers, banana leaves, and rangoli.
- A **kalasham** (sacred pot) is set up with rice, coins, turmeric, and betel leaves, symbolizing Goddess Lakshmi.
- The kalasham is placed on a plate with rice or grains and adorned with a coconut, flowers, and a sari or blouse piece (symbolizing the goddess).
- A **Varalakshmi face mask or image** is affixed to the coconut to represent the deity.

Puja Rituals:

- A priest or the lady of the house performs the **Varalakshmi Vratam Katha** (story) and chant Lakshmi mantras.
- Offerings include flowers, fruits, betel leaves, sweets, and traditional dishes like **poornamboorelu**, **payasam**, and **vada**.

- Women tie a **sacred yellow thread (charadu or raksha)** on their right wrist after the puja, praying for the welfare of their family.
- Traditional songs and slokas praising Lakshmi Devi are sung.

Festive Spirit:

- Women dress in traditional attire, wear gold jewelry, and often visit each other's homes to exchange **tamboolam** (betel leaves, turmeric, bangles, and sweets).
- The day is filled with devotion, sharing, and cultural bonding.

Significance of Varalakshmi Vratam

- Brings health, wealth, happiness, and longevity to the family
- Strengthens the bond of marital harmony
- Protects from negative energies and misfortunes
- Empowers women spiritually and culturally

Sloka for Varalakshmi Puja

Padmapriye Padmini Padmahaste
 Padmalaye Padmadalayatakshi
 Vishwapriye Vishnumanonukule
 Tvatpada Padmam Mayi Sannidhatsva

Meaning:

Oh Goddess who loves the lotus, who is adorned with lotuses, who resides in the lotus, whose eyes resemble lotus petals, who is beloved of Lord Vishnu – please reside in my home and bless me with your divine presence.

Varalakshmi Vratam is more than a religious observance – it is a heartfelt celebration of **faith, tradition, womanhood, and family unity**. Every offering, every chant, and every ritual is filled with prayers for **well-being, prosperity, and peace**. By observing this vratam, devotees believe that they not only receive the blessings of Goddess Lakshmi but also carry forward a rich cultural legacy.

Youtube link for puja vidhanam (in Telugu)

<https://youtu.be/RLnUgn4uKKA?si=dUDoJZlxbDPc3ym6>

Youtube link for puja vidhanam (in English)

[Varamahalakshmi Vrata Pooja With English Instructions \(Complete Ritual\)](#)

(Curtsey youtube, Telugu one and Bhakti channel)

Or scan the following QR code



This year 2025, Srvana Friday Puja will be on 8th, August, 2025

Importance of ŚRĀVAṆAMĀSAM

**“In Śrāvaṇa, the rain doesn't just fall on Earth
it falls into hearts and makes the soul bloom like a lotus.”**

ŚrāvaṇaMāsam, also known as Shravan Month, is one of the holiest months in the Hindu calendar, typically falling in July–August. This sacred month is dedicated to spiritual growth, devotion, fasting, and rituals, especially worshipping Lord Shiva, Lord Vishnu, and Goddess Lakshmi. The name "Śrāvaṇa" comes from the nakshatra (constellation) Shravana, which dominates during this period.

Spiritual Significance

Śrāvaṇa is not just about rituals; it's about introspection and spiritual refinement. It's believed that during this month, divine vibrations are strongest, and our prayers reach the deities faster, much like an open signal with a full network bar.

Imagine your inner self like a dusty mirror. Śrāvaṇa is the monsoon rain that washes it clean, allowing the light of wisdom to reflect clearly.



1. Devotion to Lord Shiva

Mondays of this month, known as ŚrāvaṇaSomvārs, are considered especially sacred for worshipping Lord Shiva. Devotees observe fasting, visit Shiva temples, and chant “Om Namah Shivaya” to seek blessings for health, wealth, and removal of sins.

2. Varalakshmi Vratam

Celebrated on the Friday before the full moon (Purnima), Varalakshmi Vratam is observed by married women praying for the well-being of their family and prosperity. It is believed that worshipping Goddess Lakshmi on this day is equivalent to worshipping Ashtalakshmi (eight forms of wealth).

3. Mangala Gowri Vratam



On Tuesdays of ŚrāvaṇaMāsam, married women perform Mangala Gowri puja for a happy married life and the well-being of their husbands.

4. Naga Panchami

Worship of Serpent Gods is done during Śrāvaṇa month, especially on Naga Panchami. Devotees seek protection from evil and pray for fertility and family well-being.

5. Krishna Janmashtami

In some years, the festival of Krishna Janmashtami, marking the birth of Lord Krishna, falls during Śrāvaṇa. Devotees celebrate it with bhajans, fasting, and reenactments of Krishna's life stories.



Religious Practices and Rituals

- **Fasting (Upavasam):**

Many people observe fasts on Mondays (Somvārs), Fridays, or all days of the month, consuming only simple vegetarian meals or fruits.

- **Reading Sacred Texts:**

Reading or listening to Shiva Purana, Vishnu Sahasranamam, and Lalitha Sahasranamam is encouraged for spiritual upliftment.

- **Charity and Service (Dānam):**

Donating food, clothes, and helping the poor during Śrāvaṇa is believed to yield immense punya (spiritual merit).

Eco-Spirituality and Ayurveda

Śrāvaṇa is also a month of **rain, rejuvenation, and inner purification**. According to **Ayurveda**, it's the best time to detoxify and eat light, sattvic food. Spiritually, it is a time to sow the seeds of **positive karma and devotion**.

Ecology and Economy: Lessons from Śrāvaṇa

This month teaches us the **interdependence of life**:

- Farmers sow seeds hoping for rain.
- Women worship Lakshmi, praying for household prosperity.
- Snakes, often feared, are honored – showing respect to every creature's role in the ecosystem.

Just as every **instrument contributes to the harmony of a song**, Śrāvaṇa reminds us that **every life form plays a role in nature's orchestra**.

Regional Names and Observances

Region	Observance Focus
Andhra Pradesh / Telangana	Varalakshmi Vratam, Mangala Gowri, Sravana Somvaar
Tamil Nadu	Aadi month (similar to Śrāvaṇa), Varalakshmi
Maharashtra	Mangala Gaur, Mondays for Shiva
Karnataka	Gowri Habba, Nagara Panchami
North India	Kanwar Yatra, Sawan Somvar

Śrāvaṇa – A Sacred Pause

In a world rushing with chaos, Śrāvaṇa gives us a **sacred pause** – a time to **reflect, reset, and reconnect**.

It is a **bridge between Earth and the Divine**, between **nature and the spirit**, and between **external celebrations and internal awakening**.

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Known Facts about GANESH PUJA

1. Lord Ganesha Has Two Birth Stories

In **one version**, Goddess Parvati created Ganesha from sandalwood paste and gave him life.

In **another version**, Lord Shiva and Parvati created Ganesha together using divine energy.

2. Ganesha's Head Was Replaced Twice

First, Ganesha had a **human head**.

After it was severed by Shiva, an **elephant's head** was attached.

In some scriptures, **Indra's Airavat (divine elephant)** gave his head.

3. Ganesha Was the First to Be Worshipped in the Universe

Lord Shiva declared that **no puja or ceremony** will begin without invoking Ganesha first.

This is known as "**Prathama Puja**" – Ganesha is always worshipped **before** any other deity.

4. Ganesha Is the Original Scribe of the Mahabharata

Sage Vyasa dictated the **Mahabharata**, and Ganesha agreed to write it—**on one condition**: Vyasa could not stop while speaking.

Ganesha broke one of his tusks to use it as a pen—hence he is called "**Ekdanta**" (one with one tusk).

5. Ganesha Wears a Snake as a Belt

After he once ate too many sweets (modaks), his belly burst.

He tied a **snake around his stomach** to hold it together.

This symbolizes **control over desires**.

6. Ganesh Chaturthi and the Moon Curse

On Ganesh Chaturthi, looking at the **moon** is **considered inauspicious**.

Once the moon mocked Ganesha's appearance. Ganesha cursed him that anyone who looks at the moon on his birthday will face false accusations.

It's why people avoid seeing the moon that day.

7. His Mouse Is Named Mooshak – And Has a Deep Meaning

Mooshak (mouse) symbolizes **ego**. Ganesha riding the mouse shows **he has conquered ego**.

It also represents **humility and alertness**.

8. Durva Grass Is the Favorite of Ganesha

Offering **21 blades of durva grass** pleases Ganesha.

The grass represents **simplicity**, and it is said to **cool his energy**.



9. Ganesha Symbolizes the Perfect Leader

Big head – Think big

Small eyes – Focus

Large ears – Listen more

Small mouth – Talk less

Large belly – Digest all experiences

Trunk – Adaptability and strength

10. The Oldest Ganesh Idol Was Found in Afghanistan

A **2,000-year-old** idol of Ganesha was found in a cave temple in Afghanistan, proving his **worship was not limited to India**.

Bonus:

Ganesh Visarjan (immersion) symbolizes: Letting go of **attachments, ego, and materialism**, and understanding that everything is temporary (including our worries).

**THIS MONTH VINAYAKA CHAVITHI PUJA
WILL BE ON 27TH, AUGUST, 2025**

<https://youtu.be/FvKLPblmZPg>

SCAN FOR COMPLETE GANESH PUJA



KIDDIE CORNER "FUN & LEARNING"

“ Every child is a different kind of flower, and all together make this world a beautiful garden. ”

App Name: Sora by Open AI

(Powered Video Learning Assistant (Educational / Creative Tool-Released: 2024–2025)

Sora is a **text-to-video AI tool** developed by **OpenAI** that helps children **create videos from their imagination**. A child can type (or speak) something like:

"Show me a panda doing yoga in a bamboo forest."

And Sora creates a **realistic, animated video** showing exactly that!

Why It's Good for Children

- Encourages **creativity, curiosity, and imagination**
- Makes **learning visual and fun**
- Builds confidence in **communicating ideas**
- Suitable for **homework, school projects, or fun exploration**
- No need for complex video editing knowledge – it's all **AI-powered**

(A 9-year-old girl used Sora to **create a video tour of ancient Egypt** for her history project – including pyramids, camels, and the Nile River – all within 5 minutes.)

PUZZLE TITLE

The Missing Dollar Riddle

Three children went to a toy shop together and bought a board game for Rs.300.

They each contributed Rs.100, so:
 $\text{Rs.100} + \text{Rs.100} + \text{Rs.100} = \text{Rs.300}$

The shopkeeper realized he made a mistake—the game was on sale for only Rs.250.

He called the shop assistant and gave him Rs.50 to return to the kids.

But the assistant was greedy.

He gave Rs.10 back to each child ($\text{Rs.10} \times 3 = \text{Rs.30}$), and kept Rs.20 for himself.

Now, each child paid Rs.90 ($\text{Rs.100} - \text{Rs.10} = \text{Rs.90}$), totaling Rs.270.

The assistant kept Rs.20, so:
 $\text{Rs.270} + \text{Rs.20} = \text{Rs.290}$

But where did the missing Rs.10 go?

Science Experiment

MAGIC PEPPER AND SOAP TRICK

You Will Need:

- A shallow dish or bowl
- Water
- Ground black pepper
- Liquid dish soap
- A cotton swab or finger

Objective:

To visually demonstrate the concept of **surface tension** and how soap affects it.

Steps to Perform:

1. Pour Water:

Fill the shallow dish with clean water until the bottom is completely covered.

2. Add Pepper:

Sprinkle a small amount of **black pepper** evenly on the surface of the water. (The pepper will float.)

3. Touch with Dry Finger:

Gently touch the surface with a dry finger. Notice that nothing happens—the pepper stays put.

4. Touch with Soapy Finger:

Now dip your finger or a cotton swab in dish soap, and touch the surface of the water **in the center of the dish**.

5. Observe the Magic!

Suddenly, the pepper flakes will scatter to the edges of the bowl, as if pushed away by magic!

The Science Behind It:

Water has something called **surface tension** — a skin-like layer formed by water molecules sticking together. Pepper floats because it's light and sits on this surface.

When soap is added, it **breaks the surface tension** of the water, and the water molecules move away quickly from the soap. The pepper goes along for the ride!

This is how **soap helps remove dirt and grease** when washing — it breaks up the tension and spreads.

Extension Activity (Optional):

Try the same trick with different liquids like **milk** or **coloured water**, or try **adding food colouring** to see the swirl patterns when soap is added.

GIGGLE TIME!

Q: Why did the computer go to the doctor?

A: Because it had a virus and couldn't stop "Windows" from crying!

Answer and Explanation

There is **no missing Rs.10** — it's a misdirection!

Let's break it down properly:

- The **actual cost** of the game was Rs.**250**
- The assistant kept Rs.**20**
- Rs.250 (game) + Rs.20 (assistant) = Rs.270
- The children got back Rs.30 (Rs.10 each) -- $\text{Rs.270} + \text{Rs.30} = \text{Rs.300}$ ✓

The mistake is in **adding** Rs.270 (what they paid) + Rs.20 (what was taken by the assistant).

In reality, the **Rs.270 already includes** the Rs.20 kept by the assistant.

We should be subtracting the Rs.20 from Rs.270 to reach the actual price of the item (Rs.250), not adding it.

YOUNG & BOLD

"Dare to dream. Prepare to win."

DEEPSEEK **TRANSPARENT, Free AI ANSWERS**

DeepSeek has emerged as a standout AI app in early 2025, quickly rising to the top of the U.S. App Store charts thanks to its **open-source transparency**, **no-cost access**, and an innovative design that explains its reasoning for each answer.

Useful for Youth:

- **Free to download and use** with no hidden subscriptions.
- Shows **step-by-step breakdown** of how it reached each conclusion—great for learning and fact-checking.
- Ideal for students, curious minds, or anyone seeking knowledge without the expense.

Puzzle for the **CURIOUS MIND**

On an island, there are only two types of people:

- **Truth-tellers**, who always tell the truth.
- **Liars**, who always lie.

One day, a traveller comes across **three islanders** named **A**, **B**, and **C**.

He asks them:

"How many of you are liars?"

Here's how they respond:

- **A says:** "Exactly one of us is a liar."
- **B says:** "We are all liars."
- **C says:** "I am the only truth-teller."

Your task: Who is a **truth-teller**, and who is a **liar**?

ANSWER And EXPLANATION

Let's analyse the statements:

Step 1: Assume A is telling the truth:

- That means exactly one person is a liar.
- But B says, "We are all liars" – which **can't be true**, because at least A is telling the truth.
- If B is lying, then **not all are liars** → possible.
- C says: "I am the only truth-teller" → But A is also a truth-teller in this case. So **C is lying**.

Thus:

- A = Truth
- B = Liar
- C = Liar

This satisfies the scenario:

- A says "one of us is a liar" → No, two are liars! So **A is not telling the truth!**

Step 2: Try assuming C is telling the truth:

C says: "I am the only truth-teller."

So A and B must be liars.

- A says: "Exactly one of us is a liar." (Lies – makes sense)
 - B says: "We are all liars." (Lies – which is false, because C is a truth-teller)
- This works!

Final Answer:

- **A is a liar**
- **B is a liar**
- **C is the only truth-teller**



JOKE for YOUTH

"Why did the computer break up with the internet?"

"Why?"

"Because it found too many 'connections'!"

JOKE: Shopping Logic

Girl 1: I bought a new dress today, but I didn't really need it.

Girl 2: Then why did you buy it?

Girl 1: It was on sale—50% off!

Girl 2: So... you saved money?

Girl 1: Exactly!
I spent money to save money.
That's called mathematical fashion logic.

Senior Citizen JOKE

Grandpa: "Back in my day, we didn't have fancy smartphones to keep us busy."

Grandkid: "So what did you do, Grandpa?"

Grandpa: "We actually talked to each other... and the Wi-Fi was never down — because it didn't exist!"

SHE **Speaks Leads Inspires**



CELEBRATING THE STRENGTH, SPIRIT, AND STORIES OF THE WOMEN

The Lotus Weaver of Manipur: BijiyashantiTongbram's Extraordinary Journey

Few narratives capture the graceful intersection of ingenuity, culture, and quiet determination as poignantly as that of **BijiyashantiTongbram**, a young woman from Manipur who transformed lotus stems into silk — and in the process, wove hope and opportunity for many.

Humble Origins, Grand Vision

Born in 1993 in the tranquil village of Thanga Tongbram in Manipur, Bijiyashanti graduated with a degree in Botany. Initially envisioning a future in agritourism, conditions pushed her to experiment with local flora. Inspired by lotus farming techniques she heard of, she embarked on a path no one in her community had dared tread.

Lotus to Luxury

In 2019, she began extracting fine fibers from lotus stems to weave delicate mufflers and accessories. With just a handful of local women, she started **Sanajing Sana Thambal**, employing traditional weaving while pioneering an entirely new and sustainable craft. Her business thrived, gaining attention from national leaders and transforming a natural resource into livelihood.

Innovation Meets Social Impact

This was not mere fashion—it was social change. Her lotus silk garments offered employment to rural women, revived traditional skills, and promoted eco-conscious practices. Locally sourced, naturally biodegradable, and culturally resonant—her enterprise became a model of sustainable entrepreneurship.

Recognition and Ripple Effect

Bijiyashanti's contributions were soon recognized by the highest circles—garnering visibility from the Prime Minister's office. Her success story is a beacon of inspiration for aspiring innovators in remote and underserved regions.

Final Reflection

Sometimes, revolution emerges not from sprawling urban centers but from deceptively simple ideas—like spinning lotus stems into silk. BijiyashantiTongbram's story displays how a quiet, determined vision can uplift communities, preserve culture, and forge paths where none existed before.

A hidden gem in India's entrepreneurial landscape, she exemplifies how clarity of purpose, local wisdom, and gentle innovation can ripple out to global relevance.

GOLDEN YEARS

"Elders are not the past
they are the strength of our
present."

C. I. Sivasubramanian

Graduating at 93 from IGNOU

Another astonishing tale is that of **C.I.Sivasubramanian**, a retired government officer who earned his Master's degree in Public Administration from IGNOU at the age of **93**. He had set aside his educational dreams decades earlier due to family responsibilities and never had the chance to complete his undergraduate studies.

At age 87, his wife's physiotherapist introduced him to IGNOU's open-door policy for learners of all ages. He enrolled in a bachelor's course and then pursued a master's degree—all while managing health challenges. His daily routine involved waking at 5 AM to study. When his eyesight blinked with age, his daughter wrote his assignments and served as his scribe during exams. Despite these hurdles, he crossed the finish line—and was affectionately hailed by the HRD Minister as a "90-year-old youngster."

"The Power of Just 30 Minutes a Day"

A Gift You Can Give Yourself

In our busy lives—whether you're a child juggling studies, a youth chasing dreams, a homemaker managing a household, or a senior enjoying retirement—there's **one thing we all need to protect: our mental and physical well-being.**

Here's a simple, powerful idea:

Dedicate just 30 minutes a day to your own well-being.

What Can You Do in 30 Minutes?

Kids – Try doodling, reading a storybook, or cycling outside.

Youth – Do yoga, meditate, or write a journal entry about your goals.

Girls & Ladies – Practice a hobby, walk in the garden, or listen to soulful music.

Senior Citizens – Try chair exercises, call a friend, or do deep-breathing meditation.

Why It Matters:

- Reduces stress
- Improves focus and energy
- Boosts creativity and happiness
- Keeps the heart and brain healthy

"In caring for ourselves, we care better for the world around us."

Whether it's a calm walk, reading, stretching, or silent reflection—**these 30 minutes can change your day, and soon, your life.**

SAFE DRIVING Practices for **TWO-WHEELERS** and **FOUR-WHEELERS**

By **C BALASATISH**, Road Safety Trainer

India's roads can be chaotic, making safe driving practices crucial for both two-wheeler and four-wheeler drivers. Here are some key tips to ensure a safe and smooth journey:

Two-Wheeler Safety

- **Wear Protective Gear:** Always wear a helmet, gloves, jacket, and sturdy footwear to minimize injuries in case of accidents. A full-face helmet is recommended for maximum protection.
- **Maintain Your Vehicle:** Regularly check your bike's brakes, lights, tires, and horn to ensure they're in good condition.
- **Follow Traffic Rules:** Obey speed limits, traffic signals, and lane discipline to avoid accidents and fines.
- **Be Visible:** Wear bright or reflective clothing to increase visibility, especially at night or in low-light conditions.
- **Ride Defensively:** Anticipate the actions of other drivers, pedestrians, and animals, and maintain a safe distance .



Four-Wheeler Safety

- **Wear Seatbelts:** Always wear a seatbelt while driving or riding in a four wheeler to reduce the risk of injury or fatality.
- **Maintain a Safe Distance:** Leave enough space between your vehicle and others to avoid collisions.
- **Follow Traffic Rules:** Obey speed limits, traffic signals, and lane discipline to ensure safe driving.
- **Avoid Distractions:** Refrain from using mobile phones or engaging in other distracting activities while driving.
- **Drive Defensively:** Anticipate the actions of other drivers, pedestrians, and animals, and be prepared to react .

Common Safety Tips

- **Slow Down:** Reduce speed at intersections, pedestrian crossings, and school zones to avoid accidents.
- **Use Signals:** Indicate your intentions to turn, change lanes, or stop to alert other road users.
- **Be Aware of Surroundings:** Keep an eye on the road and surrounding environment to anticipate potential hazards.
- **Avoid Riding or Driving Under Bad Weather Conditions:** Slow down or avoid riding/driving in rain, fog, or other hazardous conditions .



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**NEXT STOP:
THE WORLD**



Shri R. Venkateswara Rao
Chairman, RVR projects Pvt Ltd.

Shri R. Venkateswara Rao, affectionately known as **RVR**, is a distinguished leader in India's infrastructure sector, whose visionary entrepreneurship has shaped the nation's infrastructure landscape. As the Founder and Chairman of RVR Projects Pvt. Ltd., he has led the firm from its inception to its present stature as a nationally acclaimed infrastructure powerhouse, celebrated for its unwavering commitment to quality, innovation, and timely execution.

Driven by a profound sense of responsibility toward nation-building, **Shri RVR** has overseen the successful execution of numerous landmark projects across diverse sectors, including transportation, water resources, energy, and urban infrastructure. Under his stewardship, RVR Projects has emerged as a symbol of technical excellence and ethical business practice, garnering respect and trust across industry and government stakeholders alike.

Beyond the above professional achievements, **Shri RVR** is a dedicated advocate of social responsibility and education for empowerment. As Chairman of the Rama School of Excellence, under the aegis of the Ramlal Prabhuji Education Trust, he has spearheaded the creation of world-class educational infrastructure in rural India. His initiatives have brought modern digital classrooms, advanced learning tools, and a nurturing environment to underserved communities, bridging the urban-rural divide and empowering the youth to dream big and achieve more.

In recognition of his outstanding contributions to infrastructure development, his steadfast dedication to ethical entrepreneurship, and his transformative impact on education and rural upliftment, **GITAM (Deemed to be University)** is pleased to confer upon **Shri R. Venkateswara Rao** the **Honorary Doctorate (Honoris Causa)** of **Doctor of Letters (D.Litt.)**.

Aswath S. Sanyal
Vice-Chancellor

V. S. Chakraborty
Chancellor



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3.08.2025	Sun	Sunday Special Tambola	12:00 noon
14.08.2025	Thu	Independence Day Eve	7:30 pm
15.08.2025	Fri	Flag hosting (Followed by Breakfast)	9:00 am
15.08.2025	Fri	Movie	7:00 pm
22.08.2025	Fri	Movie	7.00 pm
23.08.2025	Sat	Bumper Tambola	7:30 pm
29.08.2025	Fri	Movie	7:00 pm



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