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WALTAIR TIMES

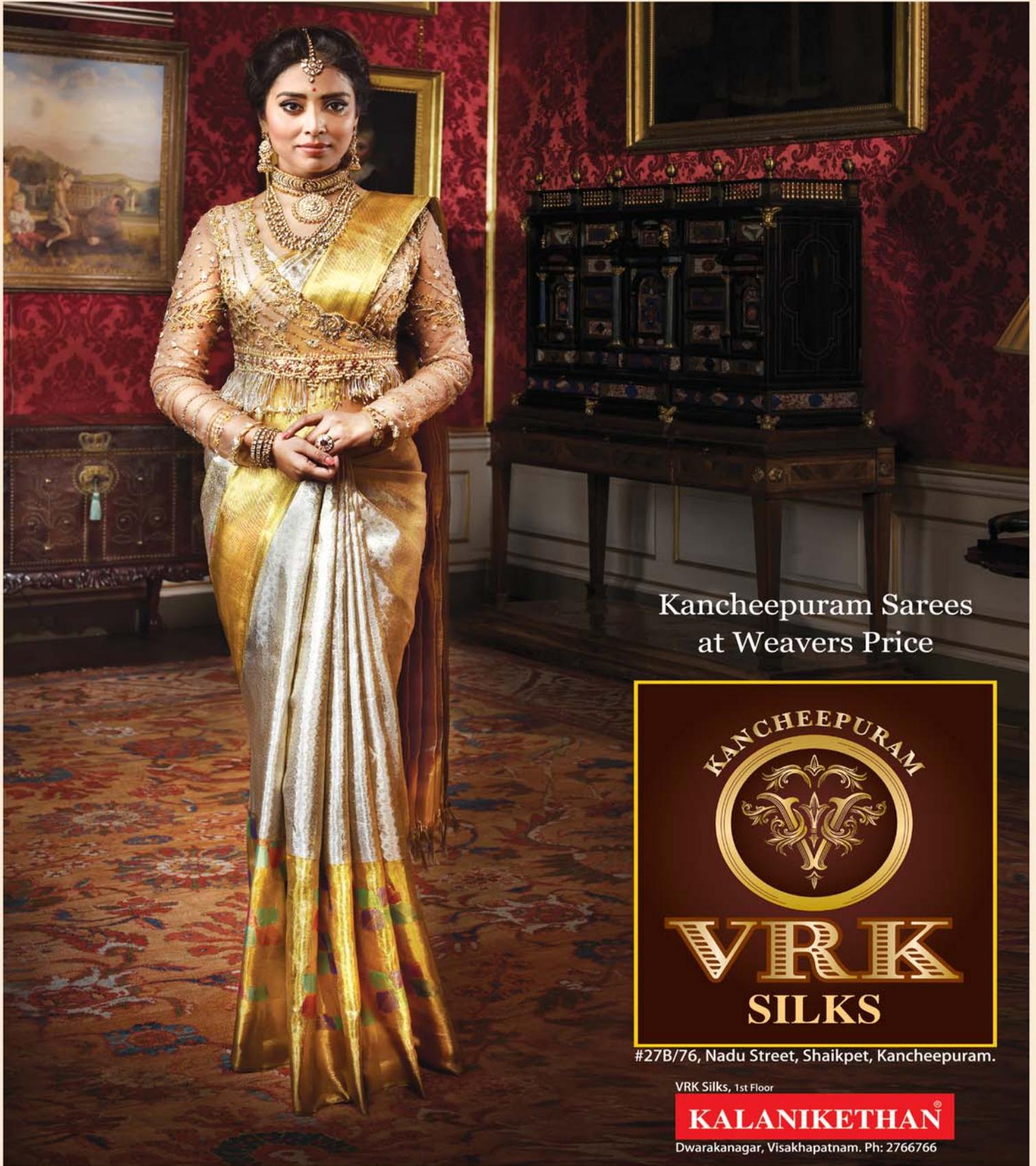
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H A P P Y U G A D I
&
H A P P Y S R I R A M A N A V A M I



House Journal of The Waltair Club, Visakhapatnam

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Ongole: Mangamuru donka, Ph: 223666 | Tirupathi: V.V. Mahal Road. Ph: 2227466

From The President's Desk

Dear Members,

Ugadi Greetings to you all !

A fresh beginning is the essence of human life as well as the occasion of Ugadi. This festival marks the unfurling of new hopes and expectations for everyone. It is celebrated to welcome happiness, well-being, growth and prosperity. For the Waltair Club members, this Ugadi is going to be all the more prosperous as we are planning to organize Ugadi Gold Mega Tambola on 17th March in which members will be showered with prizes worth 1.2 kilos of gold and 9 kilos of silver. Weekly lucky draws are being held and the lucky winners have been winning one kilo silver every week. Two more lucky draws are going to be held in the coming two weeks. I wish the members good luck to win prizes in Tambola. We are also planning to have an entertaining Ugadi eve with Veena rendition by the recent sensation, Veena Srivani who has been demonstrating versatility with the instrument playing even film compositions and popular English numbers.



Recently we got some Alstonia Plants uprooted and removed from Club premises as these plants are found to be causing respiratory problems and eye infections. To compensate this loss of greenery, we are making arrangements to plant more neem and date palms in the club premises.

I am happy to inform the members that the Jubilee Hall and Gym toilets are totally renovated and ready for use.

Waltair Club Sports Festival, 2018 concluded successfully seeing a participation of nearly 1000 members from all categories. Prizes were given away to the winners in a grand valedictory function held on 17th February.

I once again wish you all a very happy Ugadi !!

With regards,

P.Phaneendra Babu

Managing Committee for the year 2017-2018

President	Mr.P.Phaneendra Babu	7997488488
Vice-President	Mr.V.Seetharamaiah	9849691188
Hony.Secretary	Mr.K.Vamsi Kishore	9849166669
Treasurer	Mr.V.Ravikanth	9441400007

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Mr.V.Seetharamaiah	Mr. A Vijay Kumar
Editor	Ms. Parveen Z Hosain
Dr. Hema Yadavalli	

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Sports	Mr.S.Seetharama Raju	9866355377
General Services	Prof. G.Seshagiri Rao	9949414114
Bar	Mr.Chandra Kant N.	9849111102
Catering	Mr.Srinivas Vyta	9849466099
Entertainment	Mr.Umesh Kumar Gupta	9440192364
Library & Chambers	Mr.M.A.Murale	9848146580
Ladies Committee	Dr.Hema Yadavalli	9949485555



Announcements

1. The Club has changed the wifi networking system to avoid misuse of the internet access. This new system works on MAC basis and it provides uninterrupted internet access to the club members exclusively. Kindly update your registered mobile number to get new User ID and Password.

Procedure for login:

- * Once members enter into the wifi range of the club they will get the wifi signal.
- * Please connect to the club wifi "Waltair Club". You will be redirected to the login page.
- * On login page it asks for user ID & Password.
- * The User ID is your Membership Number.
- * Password is your registered mobile number at club.

2. Screening of Movie on Friday 2nd March, 2018 is cancelled due to non availability of grounds. Inconvenience is regretted.

3. This is to inform all the members that they bring valid membership card or a letter from their parent club along with valid driving license or aadhaar card for proof of residence for entry into the Affiliated Clubs and use of its chambers and other facilities.

4. Sri Rama Navami celebrations will be held in Waltair Club in association with Hare Krishna Movement (The Akshayapatra Foundation) on Sunday 25th March, 2018 from 6.30pm onwards at Jubilee Deck followed by dinner. All the members are welcome.

5. A workshop on 'Personal Branding' will be conducted on 24th March 2018 at Oyster. For registrations contact 9949485555.

6. Aqua yoga trial session will be held at Waltair Club swimming pool on 17th March 2018 from 4pm to 5pm.

7. Entry ticket inclusive of Dinner and Snacks is for Rs. 1000 per person for non playing member / spouse / child / parent in Ugadi Gold Mega Tambola on 17th March 2018.

New Members List

Member Name	M.No.	Category	D.O.J.
Mr.K.Srinivasa Rao	S-1182	Life	06.01.2018
Miss.G.Trilokya Pavani	T-086	Associate	10.01.2018
Mr.V.Abhiraj Gupta	A-313	Regular mc	21.02.2018
Mr.G.Rakhal	R-642	Regular mc	23.02.2018
Smt.K.Vijaya Madhavi	M-311	Life	26.02.2018
Mr.D.Sri Dutt	S-1154	Associate	26.02.2018

Member Honour

Dr.Chaparala Lakshmana Rao (M.No. L-14)
Prof and HOD – Radiology, Maharaj
Institute of Medical Sciences - Nellimarla,
Vizianagaram District has been nominated
to the academic Senate of Dr. N.T.R.
University of Health Sciences by the
Government of Andhra Pradesh.



Presently he is the Convenor of A.P.Medical Council, Visakhapatnam.



Ms.Falguni Khatod D/o of Mr.Ramesh Khatod
(R-370) has won 'Ms PHOTOGENIC' in Miss
South India contest held on 27th January,
2018 in Cochin.



Programmes for March, 2018

04.03.2018	Sunday	Beer n Biryani with Tambola	12 Noon
09.03.2018	Friday	Movie	7:00 PM
16.03.2018	Friday	Movie	7:00 PM
17.03.2018	Saturday	Aqua Yoga Trial Session	4:00 PM
17.03.2018	Saturday	Ugadi Gold Mega Tambola	7:00 PM
23.03.2018	Friday	Movie	7:00 PM
24.03.2018	Saturday	Personal Branding Workshop	10.30 AM
25.03.2018	Sunday	Sri Rama Navami	6:00 PM
31.03.2018	Saturday	Movie	7:00 PM

Obituary

We regret to announce the sad demise of our Regular Members. May their souls rest in peace.



Mr.V.Durga Prasada Rao
(M.No.D-34)
Expired on 02.02.2018



Dr.B.Bulli Ramaiah
(M.No.B-65)
Expired on 14.02.2018



Mrs.N.V.Lakshmi
Spouse of
Dr.N.Suryanarayan
(Dhanam) (M.No.S-41)
Expired on 09.02.2018

Glimpses of Annual Sports Festival 2018

The sports event conducted by the Sports committee was nothing short of any School sports meet or a National level competition. The competitive spirit and the enthusiasm displayed in participation and in cheering involved excitement of the participants and everyone else present. Age, Profession, and every other such bar was inconsequential and absent when it came to team work and team spirit. It ignited sportsmanship in everyone.

An excellent platform for members of the club to come and take part in whatever sport or game that they were competent in and probably for many to be able to again spark off at the "On your marks..." These were the enjoyable pleasures of childhood brought back to many by the Sports Committee of the Waltair club. Kudos to them !!!

- Parveen Hossain





The proud winners & runners up in various sports competitions of Waltair Club Sports Festival - 2018

RUNNING

BOYS 10-15YRS:		
WINNER	G.ABHINAV	V317
RUNNER UP	P.CHARITH	U014

BOYS & GIRLS UNDER-10YRS		
WINNER	SHAURYA NANGELIA	C073
RUNNER UP	CH.TATVIKA	R261

GIRLS UNDER 15YRS		
WINNER	AYUSHI GUPTA	V372
RUNNER UP	K.MANYA	N086

RELAY

WINNERS	V.SUSHAAN	K079
	SHAURYA NANGELIA	C073
	P.CHARITH	U014

RUNNERS UP	RATAN	
	AKANKSHA	
	JAHANVI	
	P.RAHUL SAI	H111

WOMEN

WINNER	MRS.B.PADMA PATRO	L025
RUNNER UP	MRS.D.LALITHA KUMARI	L071

SWIMMING

GIRLS

UNDER 10YRS		
WINNER	AARNA	A209
RUNNER UP	AYUSHI GUPTA	V372

UNDER 20YRS		
WINNER	Y.SUDEEKSHA	H022
RUNNER UP	B.SRIVALLI	S170

BOYS

UNDER 10YRS		
WINNER	K.SAI ABHINAV VARMA	P294
RUNNER UP	SHAURYA NANGELIA	C073

UNDER 11YRS		
WINNER	V.HARI	J101
RUNNER UP	V.RITVIK	R524

UNDER 14YRS		
WINNERS	V.SUSHAAN	K079
	M.SIDDHARTH	R333
RUNNER UP	P.CHARITH	U014

MIXED RELAY

WINNERS	VIVEK GUPTA	V372
	V.HARI	J101
	V.RITVIK	R524
	B.SRIVALLI	S170

RUNNERS UP	V.SUSHAAN	K079
	P.CHARITH	U014
	P.PREETHAM	J095
	AYUSHI	V372

WOMEN

UNDER 30YRS		
WINNERS	MISBAH EKHLAS	J097
RUNNER UP	Y.YOGITA	Y018

UNDER 55YRS		
WINNERS	KHURHEED AARIF	A137
RUNNER UP	SAMINA EKHLAS	S482

MEN

UNDER 50YRS		
WINNERS	K.VIJAYKUMAR RAJU	V308
RUNNER UP	L.SURENDRA BABU	S908

SENIOR CITIZEN		
WINNERS	ASHA JAIN	J040
	L.K. JAIN	J040

CHESS

UNDER 10YRS		
WINNER	D.KUSHAL	K117
RUNNER UP	M.SHOBHA	R333

UNDER 13YRS		
WINNER	B.ROSHNI SARAYU	H157
RUNNER UP	G.VAMSINADH	S894

UNDER 17YRS		
WINNER	B.SASHWAT BHALL	M-152

MEN

WINNER	KUMAR PATHI	K113
RUNNER UP	V.SEETHARAMAIAH	S225

TENNIS

BOYS

BELOW 10YRS		
WINNER	SHAURYA NANGELIA	C073
RUNNER UP	V.HARI	J101

BELOW 12YRS		
WINNER	SHAURYA NANGELIA	C073
RUNNER UP	K.SUHAAS	S546

BELOW 14YRS		
WINNER	P.RAHUL SAI	H111
RUNNER UP	T.SAAHITH	S990

BELOW 16YRS		
WINNER	B.V.RISHIK	R662
RUNNER UP	K.DHRUV	M109

GIRLS

UNDER 10YRS		
WINNER	M.SHOBHA	R333

UNDER 14YRS		
WINNER	P.TANVI	H111
RUNNER UP	J.SAI YESHNVI	S600

MEN

SINGLES:		
WINNER	LT.S.RAGHAV	R302
RUNNER UP	V.RAVIKANTH	R446

DOUBLES:		
WINNERS	D.S.ANAND	D060
	K.RAMESH	R504
RUNNER UP	M.PRASADA RAO	P100
	PHIROZE JAMSHED ENGINEER	J029

WOMEN OPEN

WINNER	Y.YOGITA	Y018
RUNNER UP	KHURHEED AARIF	A137

SENIOR CITIZEN

SINGLES:		
WINNER	V.SRIDHARAN	S066
RUNNER UP	A.S.MATHUSUDHANA RAO	M071

DOUBLES:		
WINNERS	A.S.MATHUSUDHANA RAO	M071
	P.DOKI	P061
RUNNERS UP	DR.GOLI BHASKARA RAO	B015
	V.SRIDHARAN	S066

TABLE TENNIS

UNDER 10YRS		
WINNER	Y.CHAITANYA	R412
RUNNER UP	NISHANT	A202

UNDER 14YRS		
WINNER	T.SAAHITH	S990
RUNNER UP	SAGI SAI VISHAL VARMA	R618

UNDER 17 YRS GIRLS		
WINNER	Y.JAINAA	R412
RUNNER UP	B.SRIVALLI	S170

MEN

WINNER	SUSHIL SOMANI	S317
RUNNER UP	MANISH AGARWAL	M133

WOMEN

SINGLE		
WINNER	N.SRILATHA	S982
RUNNER UP	A.SIREESHA	S665

DOUBLES:		
WINNERS	Y.YOGITA	Y018
	A.SIREESHA	S665
RUNNERS UP	A.VASUMATHI	V048
	N.SRILATHA	S982

SQUASH

UNDER 10-14YRS		
WINNER	M.SIDDHARTH	R333
RUNNER UP	T.SAAHITH	S990

UNDER 10YRS		
WINNER	K.SAI ABHINAV VARMA	P294
RUNNER UP	SHAURYA NANGELIA	C073

SHUTTLE

BOYS

BELOW 10YRS		
WINNER	NISHANTH	
RUNNER UP	SHAURYA NANGELIA	C073

UNDER 15 YRS		
WINNER	R.NANDAN	S715
RUNNER UP	G.ROHITH	P208

UNDER 15 DOUBLES:		
WINNERS	D.PRABHAV	K117
	G.ROHITH	P208

RUNNERS UP	SUDEEKSHA	
	R.NANDAN	S715

UNDER-15YRS

WINNER	M.JAHNAVI	C097
RUNNER UP	A.SAHITI	S914

WOMEN

ABOVE 45 YRS		
WINNER	LALITHA	
RUNNER UP	RADHIKA	

BELOW 40 YRS		
WINNER	KHUSHEED AARIF	A137
RUNNER UP	SABINA	

BELOW 40YRS DOUBLES		
WINNERS	KHUSHEED AARIF	A137
	PADMAJA	

RUNNERS UP	Y.YOGITA	Y018
	SABINA	

MEN

ABOVE 45YRS		
WINNER	K.SRIRAM GUPTA	
RUNNER UP	S.SURYANARAYANA RAJU	

BELOW 45YRS		
WINNER	ADITYA RAVI	A310
RUNNER UP	VIRAJ POLISETTY	V355

DOUBLES		
WINNERS	R.V.SUDHAKAR	
	KUMAR PATHI	K113

RUNNERS UP	DR.G.MURALI KRISHNA REDDY	
	K.SRIRAM GUPTA	

BELOW-45YRS-DOUBLE		
WINNERS	ADITYA RAVI	A310
	RISHI ADUSUMILLI	R631

RUNNERS UP	VIRAJ POLISETTY	V355
	JAY N OZA	J125

Prize distribution ceremony of Waltair Club Sports Festival 2018



Prize distribution ceremony of Waltair Club Sports Festival 2018





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The Yokohama Amazing Waltair Race

On February 11, 2018, the Ladies Committee organized 'The Yokohama Amazing Waltair Race' on the lines of 'Let's explore Vizag'. The main idea of the rally was to introduce the participants to some of the iconic places of the beautiful city of Destiny. The rally was flagged off by the President Mr.P.Phaneendra Babu and the Honorary Secretary Mr.K.Vamsi Kishore in the presence of other committee members, sponsorers and the Ladies Committee members.

The rally had many frolic elements that made it enjoyable and at the same time brain racking to the participants. This fun-filled point to point clue car rally covered five checkpoints that are considered to be representing the uniqueness of Vizag. This was not a speed rally, but a fun rally which helped them to discover the city better, networking with their near and dear ones. The participants had an opportunity to pile up

their scores solving puzzles, riddles and questionnaires given in sealed envelopes at the marshal points found along the 40 km stretch.

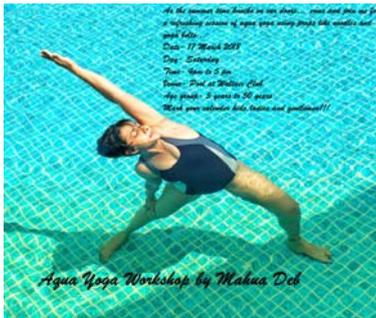
The convoy of decorated cars cruised through the roads of Vizag and the rally finally culminated at the Waltair Club. The winners of the rally were decided after adding up the points they scored at each rally station.

Mr.A.Pavan Avadesh (P-249) was the first to cross the finishing line and winning Rs.25,000/- cash prize followed by Mr.N.K.Singh (N-103) who bagged the second prize worth Rs.15,000/-. Third Prize winner was Mrs.O.Chandrakala (S-759) and her team who got Rs.10,000/- cash prize. Prizes were also given for best decorated car and best dressed team. While Yokohama was the main sponsorer of the event, Sharda Bakery, The Part Hotel, Sunray Village Resorts, Vivaana Hotel, Soul Delhi, Cream Stone Ice Creams were the Co-sponsorers.

- Dr. Hema Yadavalli (H-22)



Spread your Yoga Mat in the Water



Aqua yoga is a very relaxing and gentle aquatic activity and there are more reasons to take your yoga practice into the swimming pool. Aqua yoga takes yoga poses and adapts them to water environment. Most standing yoga poses can be done in cool or warm swimming pool,

depending on the climatic conditions of the practitioner's location.

With the release of gravity in water, the body finds sufficient stretch, while using the coordination of breath with those yoga stretches, a greater sense of relaxation is achieved. Adding to these benefits is the buoyancy force of water, which leads to one feeling weightless in water, and experiences lesser muscle and joint wear and tear, as compared to doing the same activities on land.

Balancing in water however, whether on both legs or on single leg balancing yoga postures, can be challenging. But then, there's nothing to fret, because, even if you fall trying to balance in water, you will not get hurt and only add to the fun of doing yoga in water.

Aqua yoga can be therapeutic, beneficial to stroke & cancer survivors, pregnant women, those with arthritis, muscle, back and/or joint limitations or pain as in water the same yoga postures bear less impact on back, joints or muscles. Those who are overweight, also can start with aqua yoga as that will be much less taxing on the joints to begin with.

As beginner only standing yoga poses should be done in water under trained instructor, when one gets more experience in doing these poses in water, they can practice sitting postures too, but breathing should be properly monitored. Or the poses can be modified for doing them in water.



There are various interesting aqua yoga props, like the noodle which help one balance in water better.

So what are you waiting for, avail the golden opportunity of joining a trail aqua yoga session with Mahua at the Waltair Club swimming pool on 17 Mar 2018 from 4 pm to 5 pm!

Tambola held on 24.02.2018



1st Prize Winner **Mr. Bharat Chauhan (B-89)**

Ugadi Gold Mega Tambola Lucky Dip Winners



Capt. A. Mahapatra M.No.M-134 date 16.02.2018



Mr. T. B. Gupta M.No.G-75 date 23.02.2018



WALTAIR CLUB
LADIES COMMITTEE
PRESENTS



A WORKSHOP ON



By Priyanka Khandka
10.30 AM
24th March, Saturday
Oyster

Change your lifestyle
to build your own brand.

Entry : Members Free, Guest Rs.100/-

For registration call : 9949485555



UGADI GOLD MEGA TAMBOLA



*On this Auspicious Ugadi
bring home prosperity*

Jubilee Grounds, 7.00 pm, 17th March 2018 (Saturday)



Prizes worth 1.2 Kilos of Gold and 9 Kilos of Silver in Ugadi Gold Mega Tambola.



Veena rendition by Veena Srivani, the latest sensation.



Elaborate menu with Lip-smacking snacks and main course



Special Attractions

- Member related Guests can claim**
- All lines Gold Prizes
 - 2nd full house Gold Prize of all games
 - Lucky dip : Silver bars



Entry with Dinner and Snacks at Rs. 1000 per person for non playing member / spouse/child/parent

Limited Coupons available

Existing Coupon Rates are applicable till 15th March 2018.

On 16th and 17th March Coupon rate will be increased by Rs. 1000

Hurry up and buy your Coupons now

VEENA SRI VANI PERFORMANCE



SRI RAMA NAVAMI CELEBRATIONS



WALTAIR CLUB

In Association with

HARE KRISHNA MOVEMENT

(The Akshaya Patra Foundation)



FESTIVAL HIGHLIGHTS

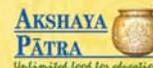
- * Sri Rama Taraka Yagnam
- * Tulasi Pradakshina
- * Sri Nama Ramayana Bhajan
- * Shanthi Homam (Purnahuti)
- * Pushpa Yagam
- * Traditional Dinner Prasadam

6 pm onwards
25th March, 2018 (Sunday)
Jubilee Deck

Members are Welcome
to the Pooja
and Prasadam Dinner

Please Register at the Earliest
For Registrations Contact : **90106 11108**
E-mail : ydrd@hkm-group.org

Register @ Club Reception



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