



WALT AIR TIMES

VOL-29 | ISSUE - 10 | APRIL 2025

THE HOUSE JOURNAL OF WALT AIR CLUB



Eid Mubarak





Private Open
Space upto **74%**
of Plot Area

Let Your Life Sing,
VILLAASAM



Visit Our Model Villa Today

Villas starting at

₹7,948/- PER SFT

96903 88888 | villaasam.com

Kapuluppada, Visakhapatnam

VILLAASAM

BY
AUGMENTED REALTY

From the President's Desk

Dear Esteemed Members,

As we step into the 10th month of our journey together, I am filled with immense pride and gratitude for the remarkable spirit that binds us. Each project we complete, each life we touch, reflects the heart of our club's mission.

Let us continue to uphold our values with enthusiasm, ensuring that the final leg of our year is even more impactful.

Your dedication is the driving force behind our success. Let's keep the momentum strong and leave a legacy of service and friendship for years to come.

Together, we achieve more!



Best Regards
K. Vamsi Kishore (V-168)
98491 66669

PRESIDENT	MR.K.VAMSI KISHORE	V-168	9849166669
VICE-PRESIDENT	MR.SISTA SRINIVASA MURTHY	S-422	9848191313
HON.SECRETARY	V.SEETHARAMAIAH	S-225	9849691188
HON.TREASURER	CA.MURALI KRISHNA S	M-194	9848323888
COMMITTEE MEMBERS:			
SPORTS	MR.V.JANAKI RAMARAJU	J-101	9866190456
GENERAL SERVICES	MR.M.V.NARAYANA RAO	N-099	7981483735
CHAMBERS & AUDITORIUM	MR.D.V.KRISHNAM RAJU	K-263	8897560560
BAR & LIBRARY	MR.M.SRINIVAS	S-601	9618476777
ENTERTAINMENT	MR.H.VIKRANTH	V-266	8977897777
CATERING	MR.JASTI VISHNU VARDHAN RAO	V-311	9848192465
LADIES COMMITTEE	MISS.SADAF MOOSA MEHDI	M-242	9849997786
SENIOR CITIZENS	MRS.VALLI RAMGOPAL	R-051	9866683660



Your Feedback helps us understand what we are doing well
and where we can enhance your experience

info@waltairclub.com

Vice-President's Message

As your Vice President, I have witnessed incredible teamwork and dedication over the past months.

This 10th month offers us a great opportunity to review our achievements and plan strategic actions for an even stronger finish.

I urge everyone to continue participating wholeheartedly - your ideas, presence, and passion make all the difference.

Let's finish this year with milestones we will cherish forever!

Forward together, stronger forever.

Mr. Sista Srinivasa Murthy (Vasu) (S-422)

9848191313



CHAIRMAN : SISTA SRINIVASA MURTHY (VASU)

EDITOR : Dr. M. RAMJEE (R-267)

SUB COMMITTEE:

1. MR. CH MALLIKHARJUN VARMA (M-211)
2. MR. S.S. SARMA (S-533)
3. MRS. SRINJA (S-1045)
4. MR. M. UJVAL (U-015)
5. DR. RAGHUNADAN PRASAD (R-261)

ADVISORY BOARD :

1. MR. T.V.S.K. KANAKA RAJU (K-144)
2. MRS. KARISHMA ACHALLA (V-324)
3. MR. ADABALA MANMOHAN (M-185)

Editors Message

Dear Members,

Welcome to the 10th edition of our bulletin!

It has been a wonderful journey documenting our vibrant activities, initiatives, and celebrations.

Through every photograph, every article, and every update, we capture not just events, but the spirit of our club.

Let us continue to inspire and inform, cherishing every moment we create together.

Thank you for your continuous encouragement and contributions - this bulletin is your story.

Celebrating service through words and memories.

Dr.M.Ramjee R-267

98480 40655



Hon. Secretary's Message

Dear Friends,

Greetings!

As we mark the 10th month, I wish to express my gratitude for your trust and cooperation in maintaining the smooth operations of our club.

Proper communication and timely execution have been key to our success so far.

Let us stay committed to transparent, active collaboration as we steer through the final quarter.

Please feel free to share your suggestions or concerns - together, we can only become better!

Service with sincerity is our signature.

With Regards,

V.Seetharamaiah (S-225)

9849691188



The following is our bank details:

Beneficiary : Waltair Club
 Bank Name : State Bank of India
 Branch : Dutt Island, Siripuram.
 City : Visakhapatnam-530003.
 Account No. : 34918462054
 IFS Code No. : SBIN0006846
 PAN No. : AAACW1956C
 Please send payment details UTR No. & M.No. to
info@waltairclub.com

Address :

Waltair Club
 Waltair Uplands, Siripuram,
 Visakhapatnam-530003.

Ph : 0891-2565240, 2565740
 0891-2562182
 Parcel No. : 9390501495
 Chambers Nos. : 9390501494
 0891-2505462
 Email : info@waltairclub.com
 Web : www.waltairclub.com

My Princess

My



PMJ
JEWELS



CELEBRATING DAUGHTERS FOREVER

PMJ Jewels Flagship Store, Siripuram Junction, Vizag

☎ +91 77028 91166, +91 77020 99288

Our Presence in 40 Stores Across India & USA



Only Natural Diamonds

Sri Rama Navami -

A Festival of Virtue and Devotion

Sri Rama Navami, one of the most revered festivals in India, celebrates the birth of Lord Rama, the seventh avatar of Lord Vishnu. It usually falls in the Chaitra month (March-April) according to the Hindu calendar, symbolizing the victory of dharma (righteousness) over adharma (evil).

Lord Rama is not just a religious figure but an embodiment of ideal virtues: a dutiful son, a committed husband, a compassionate ruler, and a fearless warrior. On this day, temples across the country are beautifully decorated, and special poojas and bhajans are organized. The epic Ramayana is read, recounting the life and deeds of Rama, offering timeless lessons in patience, justice, loyalty, and humility.

At home, devotees often conduct a ceremonial bath of small idols of Rama, Sita, Lakshmana, and Hanuman, followed by a special offering of Panakam (a jaggery-sweetened drink) and Kosambari (a lentil salad). Community processions (Shobha Yatras) with singing and dancing are a vibrant sight, symbolizing the people's adoration for Rama.

More than a religious event, Sri Rama Navami reminds us to lead a life guided by truth, service, and compassion - qualities that are timelessly relevant. It calls on each of us to walk the path of righteousness even amidst challenges, just like Lord Rama did. As we celebrate this auspicious day, let us seek strength to uphold goodness, honor our duties, and spread harmony in society.

May Lord Rama bless every home with happiness, peace, and prosperity!



A Modern Story



In a bustling city filled with glass towers, busy markets, and fast cars, there lived a kind and noble young man named Rama. Though surrounded by all the noise and rush of the modern world, Rama was different. He believed in truth, kindness, and duty - values that many had forgotten in the race for success.

Rama was born on a very special day, celebrated across the city as Sri Rama Navami - a day of light, joy, and devotion. His parents, Dasharatha and Kausalya, named him after the legendary prince of Ayodhya, hoping that he too would grow up with strength and wisdom.

From a young age, Rama shone brightly. In his school, he stood up for those who were bullied. In college, he organized drives to plant trees and help the elderly. In his workplace, he became known as the man who could be trusted - the one who would never cheat, never lie, and never turn away from doing what was right, even if it was difficult.

One day, the city's mayor announced a grand competition: a challenge to design a better, greener city for future generations. Many competitors were brilliant, but also selfish - eager for fame and rewards. Rama, however, worked quietly, gathering a team of friends who shared his vision. They designed parks, clean water systems, libraries for children - things that would truly uplift everyone, not just a few.

In the final round, Rama's team faced sabotage from jealous rivals. Yet, like the ancient Rama who calmly fought through the trials of forests, demons, and wars, our modern Rama stayed firm. He didn't give in to anger. Instead, he repaired the damage with greater determination.

When the mayor finally announced the winner, it was Rama's team - not just for their plan, but for their spirit. As fireworks lit up the city sky on Sri Rama Navami, everyone realized that Rama was not just a name from an old story. Rama lived among them - in every act of courage, every choice of truth over lies, and every moment someone decided to stand up for what is right.

That night, children carried tiny lamps in their hands, singing songs of dharma (righteousness) and seva (service). Elderly citizens smiled, remembering tales from their youth. And Rama? He simply bowed his head humbly, knowing that the real victory was not in awards, but in living by values that could light up the whole world.

Sri Rama Navami was no longer just a festival of the past. It was a celebration of the eternal spirit - the idea that Rama is reborn every time someone chooses honesty, compassion, and courage in their own modern life.



Eid-Milan - A Celebration of Togetherness

Eid-Milan is a heartwarming occasion that brings people together beyond boundaries of religion, language, or background. Celebrated soon after Ramadan, it is a joyful gathering where individuals exchange greetings, sweets, and warm hugs, signifying forgiveness, brotherhood, and new beginnings.

The spirit of Eid-Milan lies in sharing happiness - delicious dishes like biryani, seviyan (sweet vermicelli), and haleem are lovingly served to guests. It is also a time when the less fortunate are remembered, through acts of charity and kindness.

Eid-Milan teaches us that true celebration comes when hearts meet, differences melt away, and communities unite in peace and harmony. It is a vibrant reminder that humanity is one family, bound by love and understanding.



MEDICAL ARTICLE : VISION RELATED ISSUES AND THEIR MANAGEMENT



A. Middle Age group (35 to 45 yrs)

B. Elderly (50 yrs and above)

Introduction: Friends following text deals with vision related issues that we all face and suggestions on management.

A. Middle Age group: Let us consider this topic under two Heads

1. Pre existing vision problems that linger on causing drop in vision.

Human Eye receives visual signals and transmits them to the Brain. The result - People perceive these signals as vision. Please remember the human brain is a co-ordinating nerve centre and not merely a receptacle. Eyes are soft round bodies but possess a coat. The front part is a transparent dome (Cornea). This is a very specialised structure that transmits the light rays - These vision impulses are brought to focus on a layer at the back (Retina). The Human eye has the following inherited issues: short sight, far sightedness and astigmatism. Genes play an important complex role in this age group the relevant issues are: 1. Presbyopia - meaning difficulty in focussing near objects and items eg: print in the books, News papers and Electronic gadgets like computer, lap top etc.,

a). Presbyopia: This is not a disease but an age related change. Symptoms are: difficulty in focussing print in books and news papers. An Eye examination by a qualified Eye - Doctor will provide a prescription for reading spectacles and can be bought from an Optical Shop. This device is available in several forms.

A. Exclusive reading glasses for near Vision.

B. Bifocals as per the desire and needs of the individual. It is important to appreciate that an optician is not a doctor. At best he is a technician who sells spectacles.

C. Multifocal (power changes gradually from the top of the lens to the bottom).

B. Glaucoma: Human Eye is a rigid / Soft globe which is compressible as its contents are liquid / Gel (Aqueous humor) - Which fills the front part of the eye, while the rest of it is filled with a jelly like substance called "Vitreous Humor". The human Eye has a certain pressure called Intraocular pressure (I.O.P). This I.O.P. can sometimes be elevated - termed as "Glaucoma" - over a period of time this elevated I.O.P. can lead to reduction in the vision because of pressure on the blood vessels and the nerves which are the integral parts of the Eye. Generally people do not notice as the change

is gradual. Untreated, this can lead to reduction in vision initially the periphery of visual field, eventually (untreated) can lead to blindness.

Common symptoms are difficulty in reading blurred to pictures - vision generally. Untreated this leads to blindness. An experienced ophthalmologist is the correct person to seek advice.

c. Elderly : (50yrs and above) :- Items to consider are 1. Cataract, 2.S.M.D. (Senile Macular Degeneration).

1. CATARACT: An important / Awkward occurrence in short, this can be a "Life changer".

All Eyes contain a special / small biconvex biological structure (lens) suspended behind Iris by miniature threads called fibres. This lens is a clear, crystalline tissue that allows the light rays to pass through and bring them to focus on the back part of the Eye called Retina. A series of photo - chemical changes result in transmission of the visual impulses to the Brain. Result is "Vision".

Friends do you appreciate the complex tissue arrangement that we are endowed with.

In the course of our lives, changes take place in our body eg. greying of Hair, loss of shin of the skin leading to wrinkles. Opacification of the lens in the eye (cataract) that reduces the vision slowly but gradually which changes the life style of the individual. An Eye doctor after thorough examination may advise spectacle change or surgery to remove the opacified lens. Refinements to the surgical procedure / management have resulted in (Intraocular implantation) "I O L". This lens is implanted in the place of biological lens. Understandably vision, clarity, especially the peripheral vision are so helpful. I wish to add that a "practising Eye - Surgeon" cannot be substituted by quacks / opticians.

I wish to quote an article from reader's digest (March 2025) which reveals a very lamentable reality that a large number of people living in villages cannot read / thread a needle as they cannot afford an eye examination and buy pair of glasses. It is commendable to note that many charitable organisations are conducting screening and scanning camps in the rural areas and providing reading spectacles / eye drops as required.

Please refer Reader's Digest March 2025 - page 13 "A Brighter sight in Future".

Dr. I. V. Rao (V-79)

Vibrant Sports Activities at Waltair Club, Visakhapatnam



Waltair Club, one of the most prestigious social clubs in Visakhapatnam, is not only known for its rich heritage and hospitality but also for promoting an active, healthy lifestyle through a wide variety of sports activities. Over the years, the Club has become a hub for fitness enthusiasts, sports lovers, and families who enjoy staying active amidst lush greenery and world-class facilities.

The Club boasts an impressive array of sports amenities, including lawn tennis courts, badminton courts, swimming pool, billiards and snooker rooms, table tennis, a well-equipped gymnasium, and a vally ball court. Each facility is maintained at the highest standards, ensuring members enjoy a safe and professional environment for recreation and competition.

Beyond traditional sports, Waltair Club has been proactive in introducing fitness workshops, yoga classes, and aerobics programs that cater to health-conscious members. The Club encourages wellness as a holistic

goal, making sports a family affair and a way of life rather than just competition.

Special sports events during festive seasons, like the Annual Sports Day and Club Championships, add to the excitement, bringing together members and their families for fun, camaraderie, and spirited contests. Trophies, medals, and certificates are awarded, making every achievement memorable and motivating youngsters to engage more actively in sports.

Waltair Club's commitment to promoting sports is not just about physical fitness; it's about building a vibrant community spirit, nurturing lifelong friendships, and inspiring the next generation to embrace health and sportsmanship.

In every racquet swing, in every swim stroke, and in every cricket shot, the sports culture at Waltair Club reflects a beautiful blend of tradition, passion, and excellence.



VISION-AID PROJECT:

UPDATED STATUS AND CONTRIBUTIONS REPORT



In our previous issue, while covering the Vision-Aid Project, a few inadvertent errors were published.

We sincerely thank **Sri Avasarala Sreenivasa Rao**, Executive Vice-President, for kindly bringing these matters to our attention and helping us uphold the highest standards of accuracy.

It is important to note that *Waltair Times* had earlier highlighted the Vision-Aid Project in its **September 2022** edition as well.

We deeply regret any confusion that may have arisen and offer the following clarifications and corrections:

Corrections:

1. Function of the Equipment:

The equipment does not directly enhance the vision of visually challenged individuals. Instead, it assists users with navigation, object recognition, and text extraction using **AI technology**, **Bluetooth connectivity**, and **camera systems**.

2. Manufacturer Details:

The devices are manufactured by **SHG Technologies**, not by Vision-Aid. Vision-Aid's role involves purchasing these devices and facilitating their distribution through philanthropic sponsorships.

3. Clarification on Distribution Numbers:

The earlier-reported figure of **800 distributed units** was incorrect. The **accurate number** of units distributed so far is approximately **325 to 350**.

4. Importance of Equipment Over Glasses:

The emphasis should not be on the glasses themselves. It is the **advanced technology integrated into the equipment** that empowers visually impaired individuals

to recognize objects, avoid obstacles, and navigate more safely and independently.

5. Limitations on User Capabilities:

Users—be they students, elders, or craftsmen—are not able to *see* or *read* independently using the devices alone. Rather, they depend on the **supportive features** provided by the equipment for enhanced functionality and mobility.

6. Funding and Support Structure:

Both **Vision-Aid India** and **Vision-Aid Inc. (USA)** play a crucial role by matching philanthropic donations to ensure the broader distribution of these life-enhancing devices.

Support and Contact:

Individuals, Clubs, and Organizations interested in contributing to this noble cause—empowering the visually impaired through Smart Vision Glasses—are warmly invited to get in touch with the Project In-Charge:

Rtn CA SRINIVAS AVASARALA (S-278) is the key person in mobilisation of funds from Vision-Aid Inc and in spearheading the distribution of the Smart Vision AI based glasses being the PROJECT CHAIR in Rotary club of Waltair and also being the Executive Vice President of Vision-Aid India making a meaningful impact in the lives of the Visually impaired.

Mobile : **9393926522**

Email : **avasaralas@yahoo.com**

We extend our heartfelt thanks to our valued readers and members for their continued encouragement, understanding, and support.

Together, we aim for **greater service, compassion, and precision** in all our endeavours!

కవితా ప్రస్థానం



రఘురాముని దయ చేతను
మీగడ రాముని చలవను
చవి చూసితి తెలుగు తీపి
కవి నేనని ఎద మురిసితి !

నన్నయ్య భారతం ఆద్యంతం
తిక్కన విదుర నీతుల సారాంశం
పోతన పద్యాల వృత్తాంతం
మొల్ల రామాయణం వల్ల వేసా !

అగ్రహారం ముంగిట ఇల్లు
చిన్నప్పుడు తాగిన గోదారి నీళ్లు
తెలుగు నేర్పించిన పంతుళ్ళు
కదం తొక్కె కవిత పరవళ్ళు !

కవి కోకిల దువ్వూరి
అభినవ తిక్కన తుమ్మల
గబ్బిలం రాసిన జాషువా
అబ్బిన కవిత్వపు మొక్కకు ఆసరా!

పున్నమి వెన్నెల మెరిసే సంద్రం
వన్నెల విందుకు మురిసే సంధ్య
ఆమని అందాన్ని తెలిపే కోయిల
నా కవన పవనాన్ని ఊపే ఊయల !

శ్రీ శ్రీ ని సభకు పిలిచిన రోజు
జాలాదితో ముచ్చటించిన రోజు
శాస్త్రిని హెచ్చరించిన రోజు
పునాదులు కవితకా రోజు !

సుబ్బరాజు మాస్టారు చెబుతుంటే
అబ్బుర పడుతూ పద్యాలు విన్నా !
వందకు పైగా నేర్చుకొని
అందరితో పంచుకున్నా !!

పేదవాని గుండె పగుళ్లు
విదేశాలలో నా తిరుగుళ్లు
సమాజంలో పెరిగిన కుళ్లు
నా కవన వృక్షానికి చిగుళ్లు !

మల్లాది, సముద్రాల పాటలు
ఆరుద్ర ప్రాసతో ఆటలు
దేవులపల్లి భావాల మాటలు
కవితకు వేసాయి బాటలు !

సినారె ఆధునికాంధ్ర సాహిత్యం
ఆరుద్ర సమగ్రాంధ్ర సాహిత్యం
దీపాల, వేటూరి చాటు పద్యాలు
నా పాలిట వరమైన ఆణిముత్యాలు !

అభిమానుల ప్రోత్సాహం
కవిమిత్రుల ప్రోద్బలం
నా కలం పాళీపై వాణి !
నా పదం బాణీ లో నేనే!!

సుమతీ శతకం చదివా
వేమనలో వేదాంతం వెతికా !
భర్తృహరిని నెత్తిన మోసా
నా కవితకు మాటలు నేర్పా !!

పాపినేని శివశంకర్ పరిచయం
సుద్దాల అశోక్ తేజ సాంగత్యం
భువన చంద్రను కలిసిన భాగ్యం
కవన పుష్పానికి సౌరభం !

“చలసాని”తో కవితా ప్రస్థానం
అలుపెరుగని జలపాతంలా పయనం !
విశ్వావసు ఉగాది సత్కారంతో సాఫల్యం
విశ్వ శాంతి ఈ ఏడాదిలో సుసాధ్యం !!

- ఇ. పెద వీరాజు (P-124)

నా తొట్ట తొలి స్వర్ణ అమ్మ

నన్ను తన గర్భవాసం లో నవమాసాలు మోసిన అమ్మ
నాకు ప్రపంచపు వెలుతురు చూపింది అమ్మ
నాకు నా తండ్రిని పరిచయం చేసింది అమ్మ
నా ప్రతీ కదలిక అమ్మ
నా బాల్యం చిలిపి అల్లరి లో ఆనందం అమ్మ
నాకు అవసరం అంటే దేనికైనా వెనుకాడని అమ్మ
కోపం లోని కారుణ్యం అమ్మ
నవ్వు లోని లాలిత్యం అమ్మ

కోరికలన్నీ బిడ్డలే అని భావించే అమ్మ
కవులకందని భావన అమ్మ
కావ్యాల కందని కనకధారా అమ్మ.
ఎన్ని జన్మలుఎత్తినా తీరని రుణం అమ్మ.
అమ్మలందరికీ మాతృదినోత్సవ శుభాకాంక్షలు.





Experience luxury living with
lush green surroundings

Modern Amenities



GYM



SWIMMING POOL



GARDEN



72868 77227
90323 42277



Rushikonda,
Visakhapatnam.



www.gcon.co.in

MEMBER HONOUR

We are happy to inform you that our member Mr. Kishore Kumar Pradhan (K-149) has successfully completed his Ph D from Acharya Nagarjuna University on the 10th of April 2025.

His thesis was on "An Exploratory Study on Human Psychological Behaviour in the Multinational Organisation: A Philosophical Approach".

His achievement is an excellent example of how one can pursue their goal despite time constraints and busy work schedules.

We congratulate Dr. Kishore K Pradhan on this stupendous achievement and wish him the very best in all his future endeavours.



CLUB CALENDAR

2.05.2025	Fri	Movie	7:00 pm
4.05.2025	Sun	Sunday Special Tambola	12:00 noon
9.05.2025	Fri	Movie	7:00 pm
23.05.2025	Fri	Movie	7:00 pm
24.05.2025	Sat	Tambola	7:30 pm
30.05.2025	Fri	Movie	7:00 pm

SUNDAY SPECIAL TAMBOLA



SUPER BUMPER TAMBOLA





AP RERA: P03290012127

Yendada

**SHE MADE A HOUSE FEEL LIKE HOME.
WE'RE JUST FOLLOWING HER BLUEPRINT.**

Like a mother's touch, some comforts are timeless.



8 ACRES | **25** FLOORS | **4** BLOCKS | **800** UNITS
2350 TO **3510** SFT

+91 **88822 44448**
www.mkone.in

